

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OJTTJNE

COURSE TITLE: HEALTH PROMOTION & REHABILITATION

CODE NO. HSW 031 SEMESTER:

PROGRAM: HOME SUPPORT WORKER LEVEL III

AUTHOR: GERRY CHATEAU

DATE: SEPT/95 PREVIOUS OUTLINE DATED: WINTER/95

APPROVED: *y*I ^.*^*.-^ / ^ < > v  **DEAN**  **f,IV,**
DATE

HEALTH PROMOTION *it* REHABILITATION

HSW 031

COURSE NAME

CODE NO.

TOTAL CREDITS:

TOTAL HOURS: 30

PREREQUISITE(S):

I. PHILOSOPHY/GOALS:

This course will provide the students with an understanding of the basic theory related to clients and families who have special needs. The process of assessing the dependent client will be reviewed and effective problem solving techniques will be provided. Students will be provided with the skills to assist in the identification of specific needs of the client and family. Principles of patient teaching will be reviewed.

II. STUDENT PERFORMANCE OBJECTIVES (OUTCOMES):

Upon successful completion of this course the student will:

1. discuss the concept of health promotion.
2. assist in the implementation of prescribed rehabilitation plan.
3. understand the reactions to illness and dependence.
4. understand the specific services required for patients with special care conditions.
5. participate in identifying and meeting the learning needs of the client.
6. understand the feelings and attitudes associated with death, dying and bereavement.

III. TOPICS TO BE COVERED: Approximate Time Frames (Optional)

1. Health Promotion
2. Rehabilitation
3. Discussion of Special Care Clients
4. Learning Needs
5. Death, Dying & Bereavement

HEALTH PROMOTION & REHABILITATION

HSW 031

COURSE NAME

CODE NO.

IV. **LEARNING ACTIVITIES/REQUIRED RESOURCES:**

Topic/Unit - Health Promotion

Learning Activities:

1. Define health promotion.
2. Describe qualities of healthy lifestyle.
3. Identify factors which affect lifestyle.
4. Assist clients to identify areas of potential change.
5. Use problem solving techniques with clients when appropriate.

Resources:

Group Discussions

Topic/Unit - Rehabilitation

Learning Activities:

1. Define rehabilitation.
2. Discussion concepts of rehabilitation in relation to dependent client.
3. Describe factors which influence rehabilitation.
4. Describe approaches to assisting clients attain their optimum level of functioning.

Resources:

Text: pages 64, 225, 242

Topic/Unit - Discussion of Special Care Clients (Alcoholic, Abused Child or Adult (severely), Handicapped, Mentally Retarded, Alzheimers, Chronic Illness)

Learning Activities:

1. Identify role of Home Support Worker.
2. Define specific special needs.
3. Identify underlying factors contributing to the special problems.
4. Explain the effect of special problems on family and lifestyle.
5. Describe a usual plan of care.
6. Identify community resources available.
7. Assess, observe and report client's condition or response.

Resources:

Discussions

Text: pages 35, 36, 244, 250

HEALTH PROMOTION & REHABILITATION

HSW 031

COURSE NAME

CODE NO.

IV. LEARNING ACTIVITIES/REQUIRED RESOURCES:

Topic/Unit - Learning Needs

Learning Activities:

1. Describe role of H.S.W. when client requires assistance in learning.
2. Discuss factors which contribute to and interfere with learning.
3. Assist in implementation of methods to meet individual learning needs.
4. Demonstrate diversional approaches for use of leisure time.
5. Evaluating client's learning.
6. Report observations utilizing procedures of the agency.

Resources:

Group exercises, discussions
Text:pg. 258

Topic/Unit - Death, Dying &. Bereavement

Learning Activities:

1. Define terminal illness.
2. Explore own response/reaction to death.
3. Discuss grieving process.
4. Discuss legal aspects involved.
5. Discuss funeral director's role.
6. Identify community support services for bereaved.

Resources:

Discussions, Guest Speakers
Text:pg. 81, 82, 84

V. EVALUATION METHODS: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)

Tests	30%
Project	20%
Class Participation	<u>50%</u>
	100%

VI. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor. Credit for prior learning will be given upon successful completion of the following:

HEALTH PROMOTION & REHABILITATION

HSW 031

COURSE NAME

CODE NO.

VII. REQUIRED STUDENT RESOURCES:

Being a Homemaker/Home Health Aide, 3rd ed., Elena Zucker, RN, MSN, A Brady Book, Prentice Hall.

Workbook Being a Homemaker/Home Health Aide, 3rd ed., Lou J. Elbrite, RN, MS, PhD, A Brady Book, Prentice Hall.

VIII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY:

Book Section (TITLE, PUBLISHER, EDITION, DATE, LIBRARY CALL NUMBER IF APPLICABLE - SEE ATTACHED EXAMPLE)

Periodical Section (MAGAZINES, ARTICLES)

Audiovisual Section (FILMS, FILMSTRIPS, TRANSPARENCIES)

IX. SPECIAL NEEDS:

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

X. COJMSE ANALYSIS SHEET (see attached)